Crisis & Community Referrals and Resources

Austin Police Department (Emergency and/or Mental Health Deputies)  911
Travis County Mental Health Unit (Mobile Response)  512-854-9285

512-472 HELP (472-4357) 24 hour hotline
Psychiatric Emergency Services (PES) 24/7 General Phone/ER  512-454-3521
56 East Ave., Austin, TX 78701
Take Capital Metro Transit Bus Routes 17, 21 or 22

(PES (and 472-HELP) is a call-in/walk-in psychiatric emergency service clinic open 24/7 and is staffed by licensed clinicians, psychiatrists, nurses, and qualified mental health professionals. PES provides psychiatric assessment, crisis intervention, linkage with resources, and physician services to children/youth and adults experiencing psychiatric distress. PES works like the 24/7 Crisis Hotline, in that it is where individuals can go for an initial assessment for services. PES staff works closely with other ATCIC programs, local emergency rooms, and the Crisis Intervention Teams (CIT) of Austin Police Department and Travis County Sheriff’s Department. No eligibility restrictions.)

General Referral Line, database of services available in surrounding area  211

Suicide Prevention Hotline  24 hour help line  1-800-784-2433 (1-800-SUI-CIDE)

Travis County Integral Care - Psychiatric referrals, Case Management, Mental Health, Drug & Alcohol  512-447-4141

Bluebonnet Trails Community Services (Williamson County) - Psychiatric referrals, Case Management, Mental Health, Drug & Alcohol

CRISIS HOTLINE Williamson County  1-800-841-1255

UT 24-hour Crisis Hotline for Students  512-471-2255

Child/Family Protective Services – for mandatory reporting  1-800-252-5400

Counseling (Sliding Scale/Low Income):

YWCA  512-326-1222
Lifeworks (youth & families)  512-735-2400
People’s Community Clinic  512-478-4939
El Buen Samaritano (Eng or Span)  512-439-0700
Tejas Family Guidance (Eng or Span)  512-981-8787
Waterloo  512-444-9922
Community Care Clinic 512-978-9400
Livestrong (touched by cancer)  512-236-8820
My Healing Place (grief & loss)  512-472-7878
For The Love of Christi (grief & loss)  512-467-2600
Central Texas Therapist Alliance  512-222-9219
Capital Area Counseling  512-302-1000

Health/Medical Care (Uninsured/Underinsured):

(inquire about medication evals)

Lone Star Circle of Care  1-877-800-5722
El Buen Samaritano  512-439-0700
People’s Community Clinic  512-478-4939
Volunteer Healthcare Clinic  512-459-6002
Community Care Clinic  512-978-9015
Brackenridge (Seton) Hospital  512-324-7000
Seton Kozmetsky  512-324-4940