During times of crisis, the Texan spirit of service compels us to roll up our sleeves and take action. As we respond as a community to the novel coronavirus (COVID-19) outbreak, here are a few ways you can make a difference and support your fellow neighbors. We urge volunteers to screen for COVID-19 per CDC guidelines before serving and to comply with all federal, state, and local orders.

- **Prevent the spread of COVID-19**
  Follow public health guidelines, such as limiting human contact, maintaining social distance, and practicing good hygiene.

- **Check in on your friends & neighbors**
  Perform virtual wellness checks, especially on those who are elderly or isolated, via phone calls, texts, e-mail, or video chats.

- **Donate to nonprofits**
  Keep our communities resilient by giving to nonprofits, which support vulnerable populations and are a major economic driver in our state.

- **Explore remote volunteer opportunities**
  Give your time and skills from the comfort and safety of your own home with virtual or online service opportunities.

- **Support your local food bank**
  Help food banks meet rising demand by donating funds or food items. Call ahead to assess needs and drop-off instructions.

- **Deliver meals**
  Help ensure vulnerable populations who are isolated or quarantined feel safe and cared for by delivering meals and supplies to their doors.

- **Donate blood**
  Give blood to avoid another health crisis and ensure a lifesaving supply is available to those who need it most.

- **Donate supplies to healthcare providers**
  Support local health workers who are in need of personal protective equipment and cleaning supplies.

**Learn more online at onestarfoundation.org/coronavirus**